

HÅG's mission is to bring movement and variation to the workplace. HÅG products stimulate intuitive and natural movement of the body and variation of sitting postures leading to improved health and productivity.

# HÅG H05

- With the HÅG BalancedMovementMechanism™ which allows you to sit in balance with a flowing backwards and forwards tilt function.
- With only one lever and one wheel, you can easily personalize your sitting experience.
- Provides a personal and active sitting solution for all types of work environments.
- HÅG SwingBack® armrests allows the armrests to be rotated out of the way and behind your chair so that you can move closer to your desk.
- Adjustable headrest (optional), seat height, 4-in-1 adjustment wheel, HÅG SwingBack® armrests (optional) and lockable tilt.



Design: Peter Opsvik. Patent- and design protected.









# QUALITY

#### 10-year guarantee:

HÅG provides a ten-year guarantee against production defects on all office chairs that are in normal use for up to 9 hours per day.

#### 5-year guarantee for 24/7 usage:

 The chair have been tested in accordance with British Standard BS 5459-2, which is often used to test intensive use (24-hour usage). See HÅG's price list for detailed guarantee terms.

#### Certifications:

- Tested in accordance to EN 1335 Class A, ANSI/BIFMA X5.1, BS 5459-2, BS 5459-2, NPR1813 and GS mark.
- Flokk is certified by DNV-GL according to ISO 9001.

#### Maintenance:

- Vacuum clean the chair with a furniture brush or wipe it with a clean, white cloth or sponge slightly dampened with clean lukewarm water. Do not remove any plastic parts or attempt to open the seating mechanism. Contact your Flokk dealer if the chair requires servicing or maintenance.
- ESD (electronic discharge) chair is avaliable on request. Approved according to IEC 61340-5-1.

#### Fire safety information.

 CMHR foam (fire resistant foam) is available on request, but must be specified at time of order and adds approximately two to five weeks to delivery lead times. CHMR foam must be specified on chairs intended for domestic use.

# **SUSTAINABILITY**

- Easy to disassembly without using any special tools
- Contains 38% of recycled material (post-consumer and post-industrial waste)
- Low carbon footprint at 73 kg CO<sub>2</sub> equivalents
- Contains no hazardous chemicals

#### Certifications:

- Flokk is certified by DNV-GL according to ISO 14001
- Environmental product declaration (EPD) life cycle analyse of the chair based on 14025-EPD
- GREENGUARD certificate ensures that the chair



quality and social responsibility certificate

meets strict chemical emissions limits

- Steel 47%, Aluminium 23%, Plastics 22%, PUR 5%, Various 2%, Textiles: 1%, PVC 0%
- Total weight of product 19,1 kg
- Share of recyclable material: 91%
- Contains 38% of recycled material (post-consumer and post-industrial waste).

• Möbelfakta certificate – Swedish environmental and







# MODELS AND MEASUREMENTS





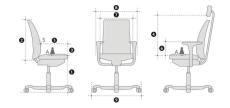


Physical measurements HÅG H05	5100/5200	5300/5400	5500/5600
Seat height, measured with 64 kg load, 150 mm lift* [1]	390-515	390-515	390-515
Seat height, measured with 64 kg load, 200 mm lift [1]	465-645	465-645	465-645
Seat height, measured with 64 kg load, 265 mm lift [1]	550-785	550-785	550-785
Height of back pads (mm) [2]	415/410	475/470	555/550
Height of foremost support point on back pads (mm) [3]	135-250	135-250	135-250
Height of foremost support point on headrests (mm) [4]	560-790	560-790	560-790
Seat depth (mm) [5]	385-480	385-480	385-480
Height of armrests (mm) [6]	175-280	175-280	175-280
Seat width (mm) [7]	450	450	450
Chair width (mm) [8]	600-700	600-700	600-700
Foot base diameter (mm) [9]	730	730	730
Weight of chair (kg)	12.5 kg/13.0 kg	16.0 kg/16.5 kg	18.0 kg/19.0 kg

Measurements in mm. Measured with 64 kg load. Where a chair is adjustable, minimum and maximum measurements are listed. Tilt range is 15° forwards and 16° backwards from a neutral position 1° to the rear

Please note that these measurements are not absolute. They may vary slightly from chair to chair

A: Mid-point of chair, loaded with 64 kg



# **CONFIGURATION OPTIONS**

- HÅG SwingBack® armrests allows the armrests to be rotated out of the way and behind the chair so that you can move closer to your desk. You can also sit sideways (optional extra).
- Headrest gives you rest and support for shoulders, neck and head. The gap between the chair and the headrest allows more freedom of movement (optional extra).
- All models can be upholstered in textiles from the HÅG Standard Collection or the HÅG Extended Collection.
- Armrests are optional and may be supplied with padded leather tops for extra soft tactility and exclusive touch.

<sup>\*</sup> Standard lift according to EN 1335 Class A.

S: Foremost point of back, reference point for measurement of back support adjustment